



Nuda Veritas

Published for Members by the Grand Rapids Lions Club
District 11-C-1 --- Vol. 2015-16, No. 11, February 13, 2016

UPCOMING EVENTS

**University Club
Downtown Grand Rapids
Meetings begin at 12:15 p.m.
unless otherwise noted.**

----- **We Serve** -----

Monday, February 15, Lions Club
Bowling League, Northfield
Lanes, 4:45 pm

Monday, February 15 – Presidents’
Day in the greatest democracy in the
world

**Tuesday, February 16,
Substance Abuse/Heroin Use,
Matt Hanlon**

Tuesday, February 16, Eyeglass
Recycling Center, 3:00 – 8:00 pm

Sunday, February 21, Lions
Team Members Leave on
Mission Trip to Haiti

Monday, February 22, Lions Club
Bowling League, Northfield
Lanes, 4:45 pm

**Tuesday, February 23, Eyeglass
Recycling Work Session & Dinner,
Jamark Labs, 3:00 - 8:00 pm**

Monday, February 29, Lions Club
Bowling League, Northfield
Lanes, 4:45 pm

Tuesday, February 16 Substance Abuse/Heroin Use, Matt Hanlon

(Note: In the last Nuda Veritas, this presentation was erroneously published as February 9’s program. There was no program. The article is reported here for your convenience.)

Addiction to drugs and other substances is a pervasive and devastating public health concern/crisis among all social and economic groups. Illicit use of prescription drugs and hereditary alcoholism claims new victims. Young addicts and alcoholics may not seek help, but when they seek help and treatment, there are barriers and lack of access. In addition, it is a burden, economically and emotionally, to families and society.



In recent years, inexpensive heroin has often replaced expensive drugs with devastating effect. Often addicts don’t know or realize the varying potency of different “batches” of illicit drugs. This can lead to tragedy and progression of drug use.

Matt Hanlon will talk about addiction and drug use, and the programs available through the Guiding Light Mission (GLM). GLM exists to create a healing experience that allows individuals to discover a new life in Christ. GLM expects re-engagement in community as the goal. The organization provides food and shelter to all and resources to men that support their social, physical, spiritual, and intellectual needs. Under the leadership of Stuart Ray, the evolution GLM has taken over two years is was needed to assist GLM’s clients as they move from being homeless and addicted to people to ones who are healthy, viable, and contributing members of society.

Tuesday, February 23
Eyeglasses Recycling Project & Dinner
6:00 – 8:00 pm, Jamark Labs
No Meeting at Noon at the University Club!

The Eyeglass Recycling Session/Dinner Meeting will be Tuesday, February 23 from 3:00 to 8:00 pm (with dinner about 6:00 pm). During these hours, please come and bring guest or prospective members who are interested in a hands-on service project. Many of our Lions who typically show up to work will be on the mission trip to Haiti. So, your participation this week is very important.

The Lions Eyeglass Recycling Center is at Jamark Labs at 4282 Brockton SE, Suite D, Grand Rapids. It is approximately 1/2 mile east of Broadmore Avenue, about 1 block north of 44th street at the first traffic light and on the east side of Brockton. It is the northern-most suite in a series of connected businesses. Parking and entrances are available in the front of the building. If you have questions or want more information, please contact **Lion Brent Spoelstra** at bespoelstra@yahoo.com or 616-283-0260, or one of the other committee members.

Note: The Recycling Center will be open every Tuesday from 3:00 – 8:00 pm.

10th Annual Blind Dinner Date
Thursday, March 3, 2016, 6:00 – 9:00 pm

Don't forget to make your reservations (see below) for the Grand Rapids Lions Club's 10th Annual Blind Dinner Date on Thursday, March 3, 2016 from 6:00 – 9:00 pm.

Join us for an evening with drinks, dinner and lively conversation. The evening will be capped off with inspirational thoughts from Michigan Supreme Court Justice Richard Bernstein, who is the first blind person elected to the Michigan Supreme Court. We will also be acknowledging the achievements of professionals from the eye care community.

100% of funds raised through the Blind Dinner Date will benefit local residents assisted by the following non-profit service providers: Grand Rapids Lions Club Vision Clinic at Cherry Health, Ken-O-Sha Early Vision Program, Association for the Blind and Visually Impaired and Grand Rapids Lions Fund at the Grand Rapids Community Foundation. The BDD will be at Thousand Oaks Golf Club which is located at 4100 Thousand Oakes Drive, Grand Rapids, MI 49525.

Sponsorships are available (although your editor doesn't know for how long): Title (\$10,000), Platinum (\$5000), Gold (\$3,000), Silver (\$1,000) and Bronze (\$500). Tickets are \$75.00 each and can be purchased by emailing **Lion Rick Stevens** at rstevens@abvimichigan.org, signing up at a luncheon meeting, or online through EventBrite. The link is <https://www.eventbrite.com/e/blind-dinner-date-tickets-5662033294>.

Mark Your Calendars – 11C-1 District Convention
One Day at Krupp Farms in Comstock Park

The registration deadline for the 11C-1 District Convention is Sunday, February 14, 2016. If you are going and intend to vote at the Business Meeting, you need to register. The Convention is **Saturday, March 19, 2016** – a one-day, one district convention! The Convention is titled "Down of the Farm – Getting back to basics." If you haven't made your reservation yet, please make it ASAP.

The morning sessions include Service Projects / Fundraising and a roundtable discussion on Networking/Membership – Growth / Leadership Development. The afternoon sessions will include the Business Meeting / Elections and pie eating, game and line dancing opportunities. Dinner follows at 5:00 pm.

Check-in registration on the day of the Convention will begin at 8:00 am and conclude with the picnic. Families are invited to attend only the pig roast/picnic for additional cost:

- If you are attending all day, the cost is \$45.00.
- If you are only having lunch, the cost is only \$25.00.
- If your family will be joining you for dinner, the dinner cost for additional adults is \$25, \$10 for children 6-15 year and no charge under 6 year old.

Contact Craig Nobbelin (c.nobbelin@yahoo.com or 616-458-0471) with questions and if you are planning to attend.

Reminder: Rockford Lions Club's "Battle of the ChiliO's"

Thursday, February 25, 6:00 pm, will be the 7th Annual Chili Cook Off. With 10+ chili recipes, it is all-you-can-eat for \$8, plus cash bar. New challengers from other Lions Clubs are invited to compete. If you love chili or have a favorite recipe, mark this date on your calendar.

Please contact PDG Warren Sibilla to RSVP to eat or enter the contest: 616-241-1066 or www.warrensibilla@gmail.com.

17th Annual Michigan Lions Forum

The 17th Annual Michigan Lions Forum will take place on Friday/Saturday, February 26-27, 2016 at the Causeway Bay Hotel located at 6820 S. Cedar Street in Lansing, Michigan (south of I-96). This Forum offers Lions members and spouses the opportunity to learn about Lions and leadership roles.

Many Grand Rapids Lions meet early on Saturday morning to carpool to Lansing and then return in the afternoon. Each Lions should register individually or as partners and pay the \$40.00/per person registration fee. The Grand Rapids Lions Club will reimburse your cost. If you want to carpool, please contact Craig Nobbelin (c.nobbelin@yahoo.com or 616-458-0471) who will coordinate the carpool.

February 29 - Leap Year *(interesting & other useless trivia)*

February 29 is known a "leap day" on the Gregorian calendar (Western or Christian calendar). It is the 60th day of a year which has a leap day, with 306 days remaining until the end of the year. In the Chinese calendar, this day will only occur in years of the monkey, dragon, and rat.

Did you know that the date occurs in most years that are divisible by 4, such as 2008, 2012, 2016, 2020, and 2024? Years that are divisible by 100, but not by 400, do not contain a leap day (1700, 1800, and 1900 did not contain a leap day and 2100, 2200, and 2300 will not contain a leap day).

Although most modern calendar years have 365 days, a complete revolution around the sun takes approximately 365 days and 6 hours. Thus, an extra 24 hours accumulates every four years, requiring that an extra calendar day be added to align the calendar with the sun's apparent position. Without the added day, the seasons would move back in the calendar, leading to confusion about

when to undertake activities which are dependent on weather, ecology, or hours of daylight.

Technically, however, a solar year is slightly shorter than 365 days and 6 hours (365.25 days). More precisely, as derived from the Earth completes its orbit around the sun in 365 days, 5 hours, 49 minutes, and 16 seconds {365.2425 days} (Alfonsine tables). Adding a calendar day every four years is an excess of 42 minutes and 52 seconds each time, or about 3 days every 400 years.

To compensate for this situation, three days are removed every 400 years. This adjustment is made by making an exception to the general rule that there is a leap year every four years. Instead, a year that is divisible by 100 is not a leap year unless that year was also exactly divisible by 400. (This means that the years 1600, 2000, and 2400 are leap years, while the years 1700, 1800, 1900, 2100, 2200, 2300, and 2500 are not leap years.) {Did you get all that?}

Historically, the leap day was introduced as part of the Julian reform (realigning the year to begin on January 1 from March 1). The day following the Terminalia, a Roman god protecting boundary markers, (February 23) was doubled. This formed the "bis sextum" - literally 'double sixth', since February 24 was 'the sixth day before the beginning of March' using Roman inclusive counting (March 1 was the 'first day'). Although exceptions exist, the first day of the "bis sextum" (February 24) was usually regarded as the intercalated or "bissextile" day since the third century. February 29 came to be regarded as the leap day when the Roman system of numbering days was replaced by sequential numbering in the late Middle Ages.

Other than adding a day every 4 years and the reasons for it, it stimulates the economy of the world's countries, many historical events happened on this day and many notable people were born on this day. Examples of who was born on this day? --- Jimmy Dorsey (saxophonist, composer & bandleader), Dinah Shore (singer & actress), Johannn Andreas Stein (piano builder in 1700's), Pat Garret (sheriff in 1800's), Davy Jones (singer, guitarist & actor – The Monkees), Ludwig I of Bavaria (royalty), Tony Robbins (motivational speaker & author), Henri Richard (Canadian hockey player), Jack Lousma (astronaut, engineer & politician), and John Byron (English port & educator).

Other Lion News:

Meijer Kids Shopping Event: Three volunteers participating in the Meijer Kids Shopping Event were not reported in the Nuda Veritas, #8, January 2, 2016. Please recognize these Lions' service to our Grand Rapids youth: Mary "MP" Chelsky, Kathy O'Bee and Mary VandererLugt (all members of our branch club)!

Drive for Vision Charity Golf Outing: Mark your calendars, solicit sponsors (new and old) and plan to participate or volunteer on **Monday, June 20, 2016**. Based on the best knowledge, it will be at Quail Ridge Golf Club.