

Nuda Veritas

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UPCOMING EVENTS University Club Downtown Grand Rapids Meetings begin at 12:15 p.m. unless otherwise noted.

----- We Serve -----

Monday, March 16, Bowling, Northfield Lanes, 4:45 pm

March 17, Happy St. Patrick's Day!

Tuesday, March 17, Making Choices Michigan, Carol Robinson

Monday, March 23, Bowling, Northfield Lanes, 4:45 pm

Tuesday, March 24, Leader Dogs for the Blind, Kathleen Breen

Monday, March 30, Bowling, Northfield Lanes, 4:45 pm

Tuesday, March 31, Lions Board of Directors Meeting, Noon, ABVI

Tuesday, March 31, 6:00 pm, Jamark Labs, Eyeglass Recycling Work Session & Dinner

Every Tuesday, Eyeglasses Recycling Work Session, 6:00-8:00 pm (Every Tuesday!)

Tuesday, March 17 Making Choices Michigan, Carol Robinson

No one can predict when a sudden illness or accident may occur, leaving a person unable to make personal healthcare decisions. When you cannot speak for yourself, the health system's default action is to provide every treatment available to extend life. However, as a previous presentation has suggested, you can avoid this situation if you plan – no matter what your age is.

Advance care planning is a process to discuss with your loved ones and health care providers to clarify what your health care values and personal preferences are. If you are unable to communicate and your desires are known in advance, family members will experience less anxiety, stress and depression, while the health system will be guided by your directives.

An advance directive is a document created as a result of your advance care planning discussions. For example: What are your preferences for pain management? Do you want life-support treatment versus allowing a natural death? The document should identify a patient advocate to speak for you if you are unable to make informed decisions about your care. Your physician and another physician or psychologist must agree in writing that you are incapable of making informed decisions.

Our speaker today is Carol Robinson, DNP, MS, BSN, RN, Community Coordinator, Making Choices Michigan in West Michigan. The non-for-profit organization is devoted to encouraging and facilitating advance care planning. Dr. Robinson has a varied clinical and administrative position. She is an Adjunct Faculty member of GVSU Kirkhof College of Nursing.

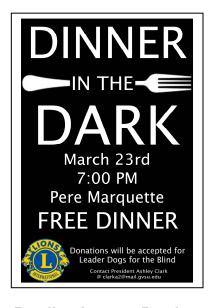
Tuesday, March 24 Leader Dogs for the Blind, Kathleen Breen

Leader Dogs for the Blind was founded by three Detroit-area Lions Clubs members in 1939. It empowers people who are blind, visually impaired or Deaf-Blind with skills that will last a lifetime through independent travel - opening doors that may seem to have closed with the loss of sight. Thanks to the generosity of our Lions Clubs and other supporters, all of its programs are provided free to clients, including meals and housing during training, travel and equipment.

Leader Dog programs are designed to address individual situations, and adapt to clients' changing needs at any point in their lives. From youth camp to orientation and mobility cane training through guide dog training and GPS technology integration, Leader Dog's programs give clients the confidence and skills they need to live independent lives.

Kathleen Breen, Manager of Lions Engagement, will present our program today. She will be in West Michigan to participate in the GVSU Campus Lions Club fund raising event, Dinner in the Dark, which will occur the previous night. (More on this event below)





Would you like to be led around in the dark (blindfolded) and experience being visually impaired for a meal? If you want to do this and raise funds for a good cause, you should sign up for *Dinner in the Dark*.

The GVSU Campus Lions Club is holding a fundraiser for Leader Dogs, "Dinner in the Dark". If allowed, each participant will be blindfolded and lead through dinner by a member of the GVSU Campus Lions Club. There will be a speaker who was a puppy raiser for Leader Dogs for the Blind, Sara Breen.

The dinner is Monday, March 23 at 7:00 pm in the Pere Marquette Room, Kirkhof Center, GVSU, Allendale MI 49401. There is no cost, but donations will be taken. For more information and to let the Campus Club know you are coming, please contact email President Ashley Clark at clarka2@mail.gvsu.edu

Bowling League Bowlers: Since several of you go out to dinner after bowling, why not make the trek to Allendale for your dinner to support a good cause & our fellow Lions at GVSU!

Other Lion's News:

District 11-C1 Convention: At the District 11-C1 Convention on March 27-29 in Traverse City, the following Grand Rapids Lions will serve as our Club's delegates during the business meeting on Saturday afternoon: Cheryl Anderson, Gary Anderson, Anne Baird, Jim Baird, Don Jakel, Craig Nobbelin and Brent Spoelstra.

Mark Your Calendars for Several Lions Events:

• White Cane Drive: May 1 & 2.

VI Sports Day: June 6 (tentative).

Drive for Vision: June 22.

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