



Nuda Veritas

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District 11-C-1 --- Vol. 2013-14, No. 3, September 14, 2013

UPCOMING EVENTS

**University Club
Downtown Grand Rapids**
Meetings begin at 12:15 p.m.
unless otherwise noted.

----- We Serve -----

Monday, September 16, Bowling
League, Northfield Lanes, 4:45 pm

**Tuesday, September 17,
Obamacare's "Federally
Facilitated Marketplace", Gabrielle
Warner**

Saturday, September 21, Noon,
West Michigan Miracle League Field
Dedication & Opening Day of Nate
Hurwitz Field

Monday, September 23, Bowling
League, Northfield Lanes, 4:45 pm

**Tuesday, September 24 - NO
Meeting at the University Club!**

**Tuesday, September 24, 6:00 pm,
Jamark Labs, Eyeglass Recycling
Work Session & Dinner**

Thursday, September 26, 6:00 pm,
Appreciate Dinner for PDG Rock
Wood, Rockford American Legion

Monday, September 30, Bowling
League, Northfield Lanes, 4:45 pm

Tuesday, September 17

Obamacare's "Federally Facilitated Marketplace", Gabrielle Warner

The passage of the Affordable Care Act of 2010 (Obamacare) will significantly change the way health care is provided in the future. It is intended to reshape the way health care is funded, improve the quality and accountability for the health care provided and reduce the proportion of people who are uninsured. It is also extending coverage to more preventative services, which in the long run will improve the health for more citizens while reducing the cost for their health care. As the provisions of the law are implemented, there will be needed adjustments along the way, just as there were when changes were after the enactment of the Medicare and Medicaid legislation in the 1960's.

On the immediate horizon will be decisions by individuals and families on their health insurance coverage. Most people will not be affected. As of October 1, 2013, many individuals will be able to select their coverage through a Health Insurance Exchange.

As our speaker will discuss, there are emerging choices, both on and off of the Exchange. These are choices we will be hearing more and more about in the coming weeks as the Health Insurance Exchanges are implemented in each state. In Michigan, it may be more difficult because the State legislature refused to participate in developing the Michigan Exchange and the Federal government was forced to design the system as it has had to do in several other states.

Our speaker today is Gabrielle Warner, owner of Innovative Solutions Agency, Inc. and Michigan Benefits Navigator, LLC. With 27 years of experience as a financial professional and licensed agent, she has experience in the design and delivery of insurance strategies for businesses of all sizes and personal benefit plans for individuals and families. These include financial analysis, strategic planning and project management

surrounding employee benefits, with attention to small business issues, alternative funding arrangements and H.S.A. implementation. In her bio, she suggests that good communications is a key. She is Past-President of the Cedar Springs Rotary Club (2010) and is active in Business Network International and the Michigan Association of Health Underwriters. Gabrielle lives in Cedar Springs with her husband of 32 years, Bill Warner. They have two grown children. They moved to West Michigan from Toledo Ohio in 2000. Her interests include camping, horse-back riding, mushroom hunting, business start-ups and citizen's science projects.

Tuesday, September 24
Eyeglasses Recycling Project & Dinner,
6:00 – 8:00 pm, Jamark Labs
No Meeting at Noon at the University Club!

The first Eyeglass Recycling Session/Dinner Meeting of the year will be Tuesday, September 24 from 6:00 to 8:00 pm. All Lions, spouses and older children are encouraged to participate. Normal tasks will be sorting, washing, measuring and recording the glasses in preparation for future mission trips.

Plans are underway for the Lions of Michigan Vision Mission trip to Merida, Yucatan, Mexico on February 15 – 22, 2014. The mission goal of the team is to see 650 patients a day for four days of clinic. Lion Brent Spoelstra said, "To that end, we need to ship in advance 8,000-10,000 pairs of glasses by November 15, 2013. We currently have about 3,000 pairs ready to go and 4,500 pairs available to enter into the database." He continued, "The eyeglass committee is looking for some nimble fingers to assist with the data entry in order to meet our goal. If you can help us with this by volunteering your time and skills on Tuesday evenings or during any business hours (once you are familiar with the system), please contact me. **Note:** The Recycling Center will be open on every Tuesday from 6:00 – 8:00 pm.

If you have questions or want more information, please contact **Lion Brent Spoelstra** at 616-283-0260 or bespoelstra@yahoo.com, or one of the other committee members.

The Lions Eyeglass Recycling Center is at Jamark Labs at 4282 Brockton SE, Suite D, Grand Rapids. It is approximately 1/2 mile east of Broadmore Avenue, about 1 block north of 44th street at the first traffic light and on the east side of Brockton. It is the northern-most suite in a series of connected businesses. Parking and entrances are available in the front and back of the building.

Bowling League Began!

The Grand Rapids Lions Club Bowling League kicked off it fall season on Monday, September 9 with a full complement of 24 bowlers. For other members or their spouses/significant others, there is always room for substitutes since not everyone can make it every week – plus there is great company! Bowling starts at 4:45 and finishes by 6:30 on Mondays at Northfield Lanes. If you would like to be a substitute bowler or have questions, please contact **Lion Fred Martin** at fmartin@allegragr.com.

West Michigan Miracle Field – Grand Opening – Volunteers Wanted

Plan to attend the Opening Day Ceremony of the West Michigan Miracle Field is on Saturday, September 21 at 12:00 pm at the Nate Hurwitz Field, located at 3300 10 Mile Road, Rockford, Michigan 49341 (just east of US-131). The League is planning a ceremony, player parade and exhibition innings for Opening Day.

As mentioned in the last *Nuda Veritas*, the Grand Rapids Lions Club Board of Directors voted to donate \$10,000 to help build fund the "Miracle Field", matching a pledge that the Rockford Lions Club made. Our pledge will be paid over 5 years, beginning in 2013. In return, we will sponsor the third base dugout with a Grand Rapids Lions Club identification sign.

Come out and enjoy the day and *volunteer* to help the Rockford Lions with the concessions. Contact Lion Craig Nobbelin at 616-458-0471 or cnobbelin@sbcglobal.net if you want to volunteer so that he can advise the Rockford Lions of who will be volunteering.

Appreciation Dinner for Immediate Past District Governor Rock Wood

The Rockford Lions Club will host the Governor Appreciation dinner for Immediate Past District 11-C1 Governor Rock Wood is scheduled for September 26, 2013. There will be a lot of great awards to give out and a great dinner planned - so it should be a fun night.

The Social Hour will begin at 6:00 pm, followed by Dinner and Awards Ceremony at 6:30 pm. The location will be at the Rockford American Legion, 330 Rockford Drive NE, Rockford, Michigan 49311. The cost is \$20.00. Please make you reservation ASAP since the flyer indicated that they should be made by August 30. Make checks payable to the Rockford Lions Club and send to Rock Wood, P.O. Box 419, Cedar Springs, MI 49319. OR, you can also pay at the door, but please Craig Nobbelin (616-458-0471 or cnobbelin@sbcglobal.net) know in advance so that he can advise the organizers.

Disparities in Eye Care Could Cost Some Their Sight Survey

Note: This is an article published in HealthDay News by the Institutes of Medicine and is pertinent to our mission as a Lions Club and the people we serve.

Americans with low incomes and education levels are less likely to get eye care, a new study finds. Researchers examined data from nearly 3,600 people, aged 40 and older, who took part in the 2002 U.S. National Health Interview Survey, and 3,100 who took part in the 2008 survey. In 2002, people with low incomes were much less likely than those with higher incomes to say that they'd visited an eye doctor, about 63 percent versus 80 percent.



The investigators found that people with less than a high school degree were less likely than those with at least a college education to say that they'd visited an eye doctor (nearly 63 percent versus 81 percent, respectively), or to have had a dilated eye examination (just under 65 percent versus just over 81 percent, respectively).

"There is a need for increased awareness about the relationship between social circumstances and [age-related eye disease], and for more research to determine how income and educational inequalities affect health-seeking behavior at the community and individual level over time," Dr. Xinzhi Zhang, of the U.S. National Institutes of Health, and colleagues wrote in the report. The study was published online July 18 in the journal *JAMA Ophthalmology*.

In recent years, there have been many medical advances in the treatment and prevention of age-related eye diseases, including macular degeneration, diabetic retinopathy and glaucoma. And, in the case of cataracts, vision loss many even be reversible. However, to benefit from these interventions, people must have access to eye care, the researchers noted in a journal news release.

SOURCE: JAMA Ophthalmology, news release, July 18, 2013 by Robert Preidt; (HealthDay News, Thursday, July 18, http://www.nlm.nih.gov/medlineplus/news/fullstory_138851.html - Note: This news item will not be available after 10/16/2013.)

Lions News

Congratulations to Lion Bob and Sharon Winchester: The Grand Rapids Lions Club congratulates Lion Bob and Sharon Winchester on their 50th wedding anniversary! They were married on the 7th of September, 1963 in Indianapolis, Indiana. They spent the past weekend (September 7-8) at a cottage on Lake Michigan with their whole family - their 3 children and their families. Lion Bob said, "We are very blessed by having all of daughters & son who have 5 beautiful, healthy and wonderful grandkids. We thank God and count our many blessing that he has richly bestowed on us all."

Michigan Lions Leadership Institute: The Lions of Michigan will hold the 15th annual Michigan Lions Leadership Institute on November 8-10, 2013 at the R.A. MacMullan Center in Higgins Lake, Michigan. The cost for the institute, including 2 nights lodging and 6 meals, is only \$175.00 per person. All Lions can attend and our club has, in the past, picked up the bill for or members. If you are interested in attending please advise Lion Secretary Craig Nobbelin at 616-458-0471 or cnobbelin@sbcglobal.net. (The Leadership Institute is in a separate attachment.)

West Michigan Lions Clubs Project Night: Mark your calendars! The 22nd West Michigan Projects Night will be held on Thursday, October 17, 2014 beginning with a social hour at 6:00 pm at English Hills Terrance at 5179 West River Drive. State and local projects will be recognized. More information will be published in a later newsletter.

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